

FINAL WASHINGTON STATE 2002 MEN'S INDOOR BESTS

(NCAA Automatic / Provisional Qualifying Standards)

55 METERS 6.16/6.26 **2002** **LIFETIME**

# Anson Henry	6.25 (c)	6.22
Bennie Chatman	6.34 (c)	6.34
Dione Cason	6.52 (c)	6.52
Dan Brink	6.58 (a)	6.57
Jamil Smith	6.74 (c)	6.74
Darion Powell	6.82 (a)	6.82
Anthony Edwards	6.87 (c)	6.87
Brian Graham	6.88 (c)	6.77
Billy Reamer	7.26 (a)	7.26

60 METERS 6.62/6.72 **2002** **LIFETIME**

\$ Anson Henry	6.65 (k,\$)	6.65 SR
# Anthony Buchanan	6.67 (k)	6.67
Bennie Chatman	6.73 (h)	6.73
Dan Brink	6.98 (m)	6.98
Darion Powell	7.21 (h)	7.21
Steve Dwyer	7.28 (h)	7.28
Justin Nikbakhsh-Tali	7.31 (m)	7.31
Billy Reamer	7.74 (h)	7.74

55-M HURDLES 7.23/7.39 **2002** **LIFETIME**

Steve Dwyer	7.63 (a)	7.63
Darion Powell	7.85 (a)	7.83
Eric Dudley	8.08 (c)	7.70
Billy Reamer	8.23 (a)	8.23

60-M HURDLES 7.74/7.90 **2002** **LIFETIME**

Steve Dwyer	8.13 (k)	8.13
Darion Powell	8.23 (g)	8.23 FSR
Eric Dudley	8.30 (k)	8.29

200 METERS 20.85/21.25 **2002** **LIFETIME**

\$ Anthony Buchanan	21.07 (k)	21.07 SR
# Anson Henry	21.18 (k)	21.18
Dan Brink	21.91 (k)	21.91
Bennie Chatman	21.93 (k)	21.93
Qieed Ishmael	22.60 (m)	22.43
Anthony Edwards	22.63 (h)	22.63
Eric Dudley	23.10 (d)	22.37
Brian Graham	24.10 (h)	24.10

400 METERS 46.32/47.25 **2002** **LIFETIME**

Dione Cason	48.07 (d)	48.07
Qieed Ishmael	48.70 (m)	48.25
Eric Dudley	48.98 (m)	47.84
Jon Manthey	49.30 (h)	49.30
Dan Brink	49.55 (m)	49.55
Steve Dwyer	50.14 (h)	50.07
Anthony Edwards	50.16 (h)	50.16
Darion Powell	50.71 (h)	50.71
Scott Kuklinski	53.18 (h)	53.18

800 M 1:48.30/1:50.20 **2002** **LIFETIME**

Jon Manthey	1:52.81 (m)	1:52.81
Justin Ireland	1:53.40 (g)	1:53.40
Jon Welsh	1:54.30 (h)	1:54.13
Ian Johnson	1:54.51 (m)	1:54.51
Dan Wolf	1:57.28 (h)	1:57.28
Jacob Hazelquist	1:57.55 (h)	1:56.01
Justin Temple	1:57.42 (m)	1:57.42
Dione Cason	1:58.83 (m)	1:58.83

MILE^ 4:00.70/4:05.20 **2002** **LIFETIME**

Ian Johnson	4:08.32 (e)	4:08.32
Jon Welsh	4:08.91 (e)	4:08.91
Dan Wolf	4:09.91 (g)	4:09.91
Jim Neeway	4:13.44 (e)	4:13.44
Oscar Franco-Parra	4:15.44 (m)	4:15.44
Scott Johnson	4:19.35 (m)	4:15.93
Mike Heidt	4:19.91 (m)	4:19.91
Justin Ireland	4:30.46 (h)	4:30.46
Brian Graham	5:45.03 (h)	5:45.03

3,000 M^ 8:00.00/8:10.70 **2002** **LIFETIME**

Dan Wolf	8:17.96 (e)	8:17.96
Jon Welsh	8:24.43 (g)	8:23.67
Oscar Franco-Parra	8:31.26 (m)	8:25.21
Mark Wicklander	8:32.26 (m)	8:32.26
Ian Johnson	8:33.21 (h)	8:33.21
Jim Neeway	8:36.05 (h)	8:36.05
Scott Johnson	8:38.69 (h)	8:31.17
Mike Heidt	8:39.90 (m)	8:39.90

5,000 M^ 13:58.15/14:18.15 **2002** **LIFETIME**

Oscar Franco-Parra	14:36.08 (e)	14:36.08
Mark Wicklander	14:47.35 (e)	14:47.35
Mike Heidt	15:08.35 (e)	15:08.35

FINAL WSU 2002 MEN'S INDOOR BESTS - 2

1600-METER RELAY 3:06.90/3:10.40 2002
Dwyer, Manthey, Powell, Ishmael 3:15.06 (k)

DIST. MEDLEY RELAY[^]9:37.75/9:45.75 2002
Ireland, Cason, Manthey, Wolf 10:05.44 (m) **FSR**

HIGH JUMP /2.25m / 2.16m [7-4 1/2 / 7-1]

	2002	LIFETIME
Patrick Harrigan	2.07m/6-9 1/2 (k)	2.07 / 6-9 1/2
Piero Vojvodic	2.02m/6-7 1/2 (k)	2.02 / 6-7 1/2
Joel Gordon	2.02m/6-7 1/2 (k)	2.02 / 6-7 1/2
Steve Dwyer	1.97m/6-5 1/2 (k)	1.97 / 6-5 1/2
Darion Powell	1.90m/6-2 3/4 (m)	1.90 / 6-2 3/4

POLE VAULT /5.50m / 5.20m [18-0 1/2 / 17-0 3/4]

	2002	LIFETIME
Rick Collins	5.08m/16-8 (k)	5.11 / 16-9 1/4
Ryan Turner	4.90m/16-0 3/4 (e,g)	4.90 / 16-0 3/4
Andy Kammenga	4.90m/16-0 3/4 (g)	4.90 / 16-0 3/4
Paul Nicoletti	4.85m/15-11 (d)	4.85 / 15-11
J. Nikbakhsh-Tali	4.55m/14-11 (a)	4.90 / 16-0 3/4
Steve Dwyer	4.12m/13-6 1/4 (h)	4.45 / 14-7 1/4
Darion Powell	3.97m/13-0 1/4 (h)	3.97 / 13-0 1/4
Billy Reamer	3.67m/12-0 1/2 (h)	3.67 / 12-0 1/2

LONG JUMP 7.85m / 7.55m [25-9 1/4 / 24-9 1/4]

	2002	LIFETIME
Jamil Smith	7.36m/24-1 3/4 (k)	7.36 / 24-1 3/4
J. Nikbakhsh-Tali	6.92m/22-8 1/2 (a)	6.92 / 22-8 1/2
Darion Powell	6.83m/22-5 (d)	6.83 / 22-5
Brian Graham	6.72m/22-0 3/4 (h)	6.99 / 22-11 1/4
Peter Rizzardi	6.58m/21-7 1/4 (h)	6.61 / 21-8 1/4
Steve Dwyer	6.53m/21-5 1/4 (h)	6.53 / 21-5 1/4
Patrick Harrigan	6.50m/21-4 (d)	6.50 / 21-4

TRIPLE JUMP 16.20m / 15.60m [53-1 3/4 / 51-2 1/4]

	2002	LIFETIME
Piero Vojvodic	15.19m/49-10 (h)	15.19 / 49-10
Jamil Smith	14.92m/48-11 1/2 (k)	14.92/48-11 1/2
Peter Rizzardi	13.79m/45-3 (m)	13.79 / 45-3
J. Nikbakhsh-Tali	13.40m/43-11 3/4 (e)	13.97 / 45-10
Brian Graham	13.31m/43-8 (d)	14.30 / 46-11

SHOT PUT 19.00m / 17.50m [62-4 / 57-5]

	2002	LIFETIME
Tim Gehring	17.26m/56-7 1/2 (g)	17.26 / 56-7 1/2
Shaun Straka	15.73m/51-7 1/4 (d)	16.06 / 52-8 1/4
Darion Powell	13.85m/45-5 1/4 (m)	13.85 / 45-5 1/4
Billy Reamer	11.07m/36-4 (d)	11.07 / 36-4
Steve Dwyer	10.94m/35-10 3/4 (a)	11.13 / 36-6 1/4

35# WEIGHT /21.35m / 19.00m [70- 1/2 / 62-4]

	2002	LIFETIME
Tim Gehring	17.59m/57-8 1/2 (c)	17.59 / 57-8 1/2
Shaun Straka	12.72m/41-8 3/4 (d)	12.72 / 41-8 3/4

DISCUS - Pac-10 Outdoor Standard 51.50m/168-11

	2002	LIFETIME
Darion Powell	42.68m/140-0 (m)	42.68 / 140-0
Billy Reamer	39.40m/129-3 (h)	39.40 / 129-3
Steve Dwyer	33.34m/109-4 (h)	33.34 / 109-4

* = NCAA indoor automatic qualifier. # = NCAA indoor provisional qualifier. + = Pacific-10 outdoor qualifier. ^ = Altitude adjustment available. **SR** = WSU school record. **WR** = World Record. /**A**) = at altitude. **a** = altitude adjusted. Only NCAA automatic and provisional qualifying standards listed. **\$** = **NCAA Participant**

Meet Legend

- a @ EWU Early Bird Open, 1/12, Cheney
- b @ Pole Vault Summit, 1/12, Reno
- c @ EWU Jerry Martin Invitational, 1/19, Cheney
- d @ McDonald's I Open, 2/1-2, Moscow
- e @ Husker Invitational, 2/8, Lincoln
Team scores: Nebraska 138.17, Oregon 115,
BYU 105.50, WSU 98.33, Arizona 78, Colorado 47
- g @ Vandal Indoor, 2/15, Moscow
- h @ McDonald's II Open, 2/16, Moscow
- k @ Mountain Pacific Sports Federation
Championships, 2/22-23, Flagstaff
Team scores: UCLA 132, WSU 117, Arizona 89,
Oregon 73, Stanford 57, Arizona State 50,
Utah State 31, Cal State Northridge 28, Long Beach
State 27, UC Riverside 8
- m Moscow McDonald's Last Chance, 3/1-2, Moscow
- \$ @ NCAA Indoor Track & Field Championships,
3/8-9, Fayetteville, Arkansas
Team score: 1. Tennessee 62.5; T35. WSU 6 points.

Revised: 3/11/02

FINAL WASHINGTON STATE 2002 WOMEN'S INDOOR BESTS

(NCAA Automatic / Provisional Qualifying Standards)

55 METERS 6.80/6.94 **2002** **LIFETIME**

Tiffany Giles	7.16 (c)	7.16
Ellannee Richardson	7.23 (c)	7.11
Bree Skinner	7.25 (a)	7.25
Tamara Gulley	7.25 (c)	7.05
Erin Reed	7.27 (c)	7.16
Dalila Russell	7.55 (a)	7.55
Blessing Ufodiana	7.56 (c)	7.56

60 METERS 7.30/7.44 **2002** **LIFETIME**

Erin Reed	7.63 (k)	7.63
Tamara Gulley	7.65 (e)	7.65
Bree Skinner	7.73 (k)	7.73
Dalila Russell	8.23 (m)	8.23

55-M HURDLES 7.64/7.90 **2002** **LIFETIME**

Ellannee Richardson	8.05 (c)	8.02
Tamara Gulley	8.07 (c)	7.82
Randi Smith	8.23 (a)	7.95
Whitney Evans	8.49 (a)	8.49
Heidi Abersfeller	8.78 (h)	8.78
Alison Eldridge	8.86 (h)	8.86

60-M HURDLES 8.17/8.43 **2002** **LIFETIME**

Tamara Gulley	8.44 (k)	8.44
Ellannee Richardson	8.48 (k)	8.47
Randi Smith	8.80 (k)	8.63
Heidi Abersfeller	9.57 (m)	9.57
Alison Eldridge	9.59 (m)	9.59

200 METERS 23.50/24.05 **2002** **LIFETIME**

# Ellannee Richardson	24.00 (k)	24.00
Erin Reed	24.13 (k)	24.13
Tiffany Giles	24.62 (h)	24.62
Bree Skinner	25.11 (k)	25.11
Heidi Abersfeller	26.44 (m)	25.75
Dalila Russell	26.65 (m)	26.65

400 METERS 53.50/54.70 **2002** **LIFETIME**

Tiffany Giles	54.91 (k)	54.91
Randi Smith	56.00 (k)	55.50
Erin Reed	56.01 (e)	55.13
Bree Skinner	57.23 (m)	57.23
Angelita Green	57.53 (h)	57.53
Heidi Abersfeller	60.60 (h)	57.92
Alison Eldridge	61.15 (m)	61.15

800 M 2:06.90/2:09.60 **2002** **LIFETIME**

Angelita Green	2:13.81 (k)	2:11.83
Hillary Smith	2:15.81 (m)	2:13.37
Molly Bull	2:17.25 (m)	2:17.25
Brittney Boysen	2:26.94 (h)	2:26.94
April Gagner	2:31.45 (m)	2:31.45

MILE^ 4:42.60/4:48.40 **2002** **LIFETIME**

Anna Blue	5:01.02 (g)	5:01.02
Hillary Smith	5:09.32 (d)	5:09.32
Molly Bull	5:13.81 (h)	5:13.81
Ana Cabrera	5:21.13 (m)	5:21.13
Beth Welander	5:23.71 (m)	5:23.71
April Gagner	5:35.08 (m)	5:02.59

3000 M^ 9:23.20/9:37.20 **2002** **LIFETIME**

Anna Blue	10:04.93 (e)	10:04.93
Ryan Gilmore	10:14.09(e)	10:01.30
Jenny Filipy	10:24.8 HT (d)	10:24.8
Ana Cabrera	10:39.22 (m)	10:28.81
Julia Corbett	10:49.44 (m)	10:49.44
Beth Welander	10:49.57 (m)	10:49.57

5000 M^ 16:20.00/16:48.45 **2002** **LIFETIME**

Jenny Filipy	18:17.10 (e)	18:17.10
Ana Cabrera	19:34.14 (k)	19:13.23
Julia Corbett	20:27.18 (k)	20:27.18
Beth Welander	21:16.21 (k)	21:16.21

1600-METER RELAY 3:35.80/3:41.80 **2002**

# Giles, Gulley, R. Smith, Richardson	3:37.54 (n) SR
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DIST. MED. RELAY 11:19.00/11:36.00 **2002**

H. Smith, Reed, Green, Blue	11:49.33 (m) SR
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HIGH JUMP 1.83m / 1.77m [6-0 / 5-9 3/4]

	2002	LIFETIME
\$ Whitney Evans	1.83m/6-0 (k,\$)	1.83 / 6-0
\$ Schquay Brignac	1.83m/6-0 (k)	1.83 / 6-0
Briana Willis	1.70m/5-7 (k)	1.77 / 5-9 3/4
E. Richardson	1.60m/5-3 (a)	1.67 / 5-5 3/4

FINAL WSU 2002 WOMEN'S INDOOR BESTS - 2

POLE VAULT 4.10m / 3.80m [13-5 1/4 / 12-5 1/2]

	<u>2002</u>	<u>LIFETIME</u>
\$ Tamara Diles	4.35m/14-3 1/4 (b)	4.35 / 14-3 1/4 SR
# K. McGee	3.85m/12-7 1/2 (c)	3.85 / 12-7 1/2
S. Robinett	3.65m/11-11 3/4 (m)	3.65 / 11-11 3/4

LONG JUMP 6.40m / 6.10m [21-0 / 20-0 1/4]

	<u>2002</u>	<u>LIFETIME</u>
Blessing Ufodiana	5.81m/19-0 3/4 (k)	5.81 / 19-0 3/4
E. Richardson	5.77m/18-11 1/4 (k)	5.77 / 18-11 1/4
Schquay Brignac	5.50m/18-0 1/2 (h)	5.50 / 18-0 1/2
Tamara Gulley	5.44m/17-10 1/4 (d)	5.44 / 17-10 3/4
Ito Elijah	5.26m/17-3 1/4 (c)	5.55 / 18-2 1/2

TRIPLE JUMP 13.15m / 12.55m [43-1 3/4 / 41-2 1/4]

	<u>2002</u>	<u>LIFETIME</u>
B. Ufodiana	12.46m/40-10 1/4 (m)	12.51 / 41-0 1/2
A. Eldridge	11.79m/38-8 1/4 (k)	11.79 / 38-8 1/4
Ito Elijah	11.57m/37-11 1/2 (m)	11.57 / 37-11 1/2

SHOT PUT 16.10m / 14.90m [52-10 / 48-10 3/4]

	<u>2002</u>	<u>LIFETIME</u>
# S. Rance	15.57m/51-1 (k)	15.57 / 51-1
Marie Muai	13.69m/44-11 (e)	13.69 / 44-11
B. Hinchcliffe	12.47m/40-11 (c)	12.47 / 40-11
E. Richardson	10.18m / 33-4 3/4 (d)	10.43 / 34-2 3/4

20# WEIGHT 19.50m / 17.70m [63-11 3/4 / 58-1]

	<u>2002</u>	<u>LIFETIME</u>
B. Hinchcliffe	17.28m/56-8 1/2 (m)	17.28 / 56-8 1/2 FSR
Maria Muai	16.21m/53-2 1/4 (e)	16.21 / 53-2 1/4
S. J. Missel	13.89m/45-7 (d)	13.89 / 45-7

DISCUS - Pac-10 Outdoor Standard 46.00m/150-11

	<u>2002</u>	<u>LIFETIME</u>
Marie Muai	50.90m/167-0 (d)	50.90 / 167-0 FSR
Shannon Rance	46.58m/152-10 (d)	46.58 / 152-10
Britt. Hinchcliffe	44.94m/147-5 (h)	44.94 / 147-5

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- c @ EWU Jerry Martin Invitational, 1/19, Cheney
- d @ McDonald's I Open, 2/1-2, Moscow
- e @ Husker Invitational, 2/8, Lincoln
- Team scores: WSU 141.50, Nebraska 135, BYU 107.50, Arizona 89.50, Colorado 71, UCLA 29.50
- g @ Vandal Indoor, 2/15, Moscow
- h @ McDonald's II Open, 2/16, Moscow
- k @ Mountain Pacific Sports Federation Championships, 2/22-23, Flagstaff
- Team scores: Arizona 137, UCLA 117, WSU 113, Cal State Northridge 93.5, Arizona State 51, Stanford 32.5, Utah State 22, Long Beach State 15, Oregon 11, Cal Poly SLO 7, UC Irvine 6, UC Riverside 1
- m @ Moscow McDonald's Last Chance, 3/1-2, Moscow
- n @ UW Qualifying Meet, 3/2, Seattle
- \$ @ NCAA Indoor Track & Field Championships, 3/8-9, Fayetteville, Arkansas
- Team scores: 1. LSU 57; T19. WSU 13 points.

Revised: 3/11/02